

## Do Illegal Highs Cause Damage

Some drugs are categorized as illegal and others as legal. This has been done to clearly mark drug use that is illegal and causes damage to the individual and society at large. Illegal drugs may provide the user a high but causes the body temporary and sometimes permanent damage. Illegal drugs such as cocaine, marijuana, LSD and ecstasy are highly addictive and cause drug dependency quite easily. Drug dependency can affect virtually every aspect of one's life including work performance, familial relations and lifestyle.

### How do drugs work?

Drugs bring about chemical changes in the body and cause different effects including pain alleviation, euphoria and depression. The brain controls all that we feel and perceive and when drugs are induced into the body they give out wrong signals and the brain too is affected. Thus, you feel things that you usually wouldn't as the brain is sending out and receiving wrong signals.

Drugs can make your heart beat faster or slower, cause a rise in arousal of the nervous system or depress it. This also means that you aren't clearly and logically aware of your surroundings and people around you. This makes it difficult for you to function in a social or professional situation when you have illegal drugs in your system. When you are high on illegal drugs you are also vulnerable to taking irresponsible decisions and actions such as while drinking and driving or putting yourself in a dangerous situation. Some people may react badly to illegal drugs causing a rapid increase in heart beat leading to a heart failure or a stroke.

Tolerance to illegal drugs occurs fairly quickly. This means that the part of your body that earlier resisted the drug no longer does so. You also need to increase the dose of drug to achieve a high. This is the path to drug dependency when you feel you can't function without the drug and show signs of withdrawal when you go without the drug for more than a certain amount of time. This leads to drug abuse and impairs the normal functioning of internal organs and body systems. Illegal drugs bring down body immunity as drug users most often don't eat a healthy diet, they can also cause severe damage to the liver, heart and also to the brain.

### Natural and legal highs

Natural or legal drugs cause a temporary high in the body and don't cause it any damage. They are made from natural ingredients such as herbs, flower, seeds and bark of trees. In fact [natural highs](#) have been safely used by people for centuries now for mood elevation, pain reduction and experience of euphoria. On NarcoMundo.com you are assured natural and legal drugs. We believe that people have the right to choose the drugs that they wish to use and offer them a natural alternative to getting high. It is safer to opt for a natural and [legal high](#) than an illegal high that could cause your body damage and get you into trouble with the law.

We want to provide unbiased, objective, and detailed information to our readers who want to know more than what is apparent. We believe that information is only relevant when you have the total information and that is what we are trying to provide. Hopefully the article will help you to gain a better understanding of legal and illegal highs and will help you to make the right choices. At the end of the day, your health will decide how happy you are.

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